


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A.M. Church Service 1S & 3S 10:30	 STAT HOLIDAY	A.M. Craft 1,2&3 P.M. Pumpkin Pie Day All Floors / Church Service 3N 2:45 EVE. Bible Study ELECTION DAY	A.M. Workout 2 N & S P.M. Bingo Main Floor All Welcome EVE. Trivia Main Floor All Welcome	A.M. Church 2 N & S 10:30 P.M. Friendly Visits EVE. Music 2 N & S	A.M. Sit & Stretch 1S & 2 N & S P.M. Cards 1 & 2 N, S, 3 S EVE. Music 3S	A.M. Music to Sing To 1S All Welcome P.M. Bingo 1S All Welcome <small>Simchat Torah Begins</small>
A.M. Church Service 1S & 3S 10:30	 <small>Indigenous Peoples Day Thanksgiving Day (Canada)</small>	A.M. Rec Meeting Music P.M. Fall Nails	A.M. Aerobics 2 N & S P.M. Bingo Main Floor All Welcome EVE. Travelogue Main Floor All Welcome	A.M. Church 2 N & S 10:30 P.M. Concert Main Floor All Welcome EVE. Toss the Turkey 2 N & S	A.M. Lower Body Workout 1S & 2 N, S P.M. Crafts All Floors	P.M. Word Games 3S EVE. Lawrence Welk 3S All Welcome
A.M. Church Service 1S & 3S 10:30 P.M. Spiritual Visits	A.M. Resident Council Main Floor Chapel P.M. Bowling Main Floor All Welcome	A.M. Art & Crafts 1, 2 & 3 P.M. Outing The WAG EVE. Bible Study	A.M. Range of Motion 2 N & S P.M. Bingo Main Floor All Welcome EVE. Cards Main Floor All Welcome	A.M. Church 2 N & S 10:30 P.M. Beauty Day EVE. The Lucy Show 2 N & S	A.M. Upper Body Workout 1S & 2 N, S P.M. Hockey Main Floor All Welcome	A.M. Golf Main Floor All Welcome P.M. Music of the 50's & 60's Main floor All Welcome
A.M. Church Service 1S & 3S 10:30	A.M. Weight Training 1S, 2 N & S, 3S & N P.M. Sing A Long All Floors	A.M. Bowling Main Floor All Welcome P.M. Birthday Party Main Floor All Welcome Spiritual Care 3N 2:45 pm EVE. Bible Study	A.M. Chair Exercises 2 N & S P.M. Bingo Main Floor All Welcome EVE. Movie Main Floor All Welcome	A.M. Memorial Service Main Floor P.M. Nail Care All Floors EVE. Documentary 2 N & S	A.M. Gentle Stretching 1S & 2 N, S P.M. Cheers Club Main Floor All Welcome	P.M. Trivia 3S EVE. Easy Listening 3S All Welcome
A.M. Church Service 1S & 3S 10:30 P.M. Coffee & Chat 2 N & S	A.M. Cardio 2 N & S P.M. Bowling Main Floor All Welcome	A.M. Baking Day Main Floor All Welcome P.M. Tea + Treats All Floors CHURCH 3N 2:45 EVE. Bible Study <small>Halloween</small>	<h1>October 2023</h1> <h2>CALVARY PLACE PCH</h2>			

Due to outbreak all programs subject to be cancelled without notice. 1:1 are unscheduled and subject to availability.