



A Caring Christian Home

Calvary Place Personal Care Home

3885136 MANITOBA ASSOCIATION INC.

1325 ERIN STREET, WINNIPEG, MANITOBA R3E 3R6

TELEPHONE (204) 943-4424 FAX (204) 783-7524

March 19, 2021

Dear Family & Friends of Calvary Place

I heard an interesting phrase this week at a meeting I attended virtually. The phrase was called "Change Saturation." Change Saturation as I understand it, means that we receive so much information that we cannot absorb all of it. This causes us to become saturated. A good analogy or point of reference would be a rain storm in the summer time. If a large amount of rain falls in a very short time period, the ground becomes saturated and the water just sits there, it has no place to go. This applies perfectly to the current Pandemic we find ourselves in. The information we receive is so vast and changes so fast that we eventually get to the saturation point and cannot take any more in. In healthcare, we are inundated with ever changing policies, procedures, new protocols, mandatory education requirements in addition to meetings and trying to also do our required duties. Add to this equation required reports, audits, ensuring staff are kept up to date with changes and of course, other duties as assigned, and what about all the News and other Social Media outlets vying for attention. Saturation may only be the tip of the iceberg, thus where do we draw the line and where do we go from here?

For many of us working in Long Term Care, this is how life has been for us, especially this past year. Our focus is, and has always been, to keep residents safe and be proactive. The decisions are not always easy to make and not popular, but are essential. This past year, while you may have heard rumors of a possible 3rd wave of COVID-19 coming. We pray that this does not happen, however we must also insure we are prepared. It cannot be emphasized enough that we cannot let our guard down. Unfortunately the COVID-19 variant is out there and has already been detected in a Long Term Care Facility. What can we do? We need to go back to the basics - wash your hands! Keep our fingers out of our eyes, nose and mouth; carry hand sanitizer with you in case you do not have access to a sink to wash your hands; wear a mask (wearing a medical grade mask at Calvary Place is mandatory); and if you feel unwell, stay home.

At Calvary Place, discussions regarding COVID-19 are a daily topic, always looking for ways we can improve and also to insure compliance. At times like this, it does come in handy being a "what if" person. We tend to look at different scenarios and what may happen and how we would deal with it. For those of you who are "what if people", it makes sense. I always like to say that "I don't think inside the box, I don't think outside the box - I don't even know where the box is!" I know that this letter has been all over the place. I do want you to know that we are doing all we can to continue to keep our residents safe. Calvary Place remains stable at this time. We currently have no COVID-19 positive residents or staff. All residents who wanted and consent was received, have been immunized. The majority of these residents have received both doses of the vaccine. Please note that any resident who refused and consent was not obtained, did NOT receive the vaccine. All residents continue to be monitored closely for any signs and symptoms. In addition, staff are also monitored for compliance and daily audits continue to occur. Audits include hand washing audits and compliance to Personal Protective Equipment utilization.

In regards to our Indoor Visitation Rooms, again as a reminder, no food or drinks are permitted. Masks must be worn for the entire duration of the visit, both for the Indoor Visitation Rooms as well as for Designated Family Caregivers who go to the resident's room. Please note that if you are utilizing the Visitation Rooms, please use the designated entrance for these rooms and not the front entrance to Calvary Place.

Please note that there will be no update letter for the week of March 22, 2021. As always, please keep us all in your prayers. The staff at Calvary Place have been and are an exceptional group and we have a lot to be proud of.

Take care and stay safe

Helmut

Helmut Plett, RPN
CEO/DOC
Calvary Place Personal Care Home
1325 Erin Street
Winnipeg, Manitoba, R3E 3R6
1-204-943-4424 Ext #4
Fax: 1-204-783-7524